

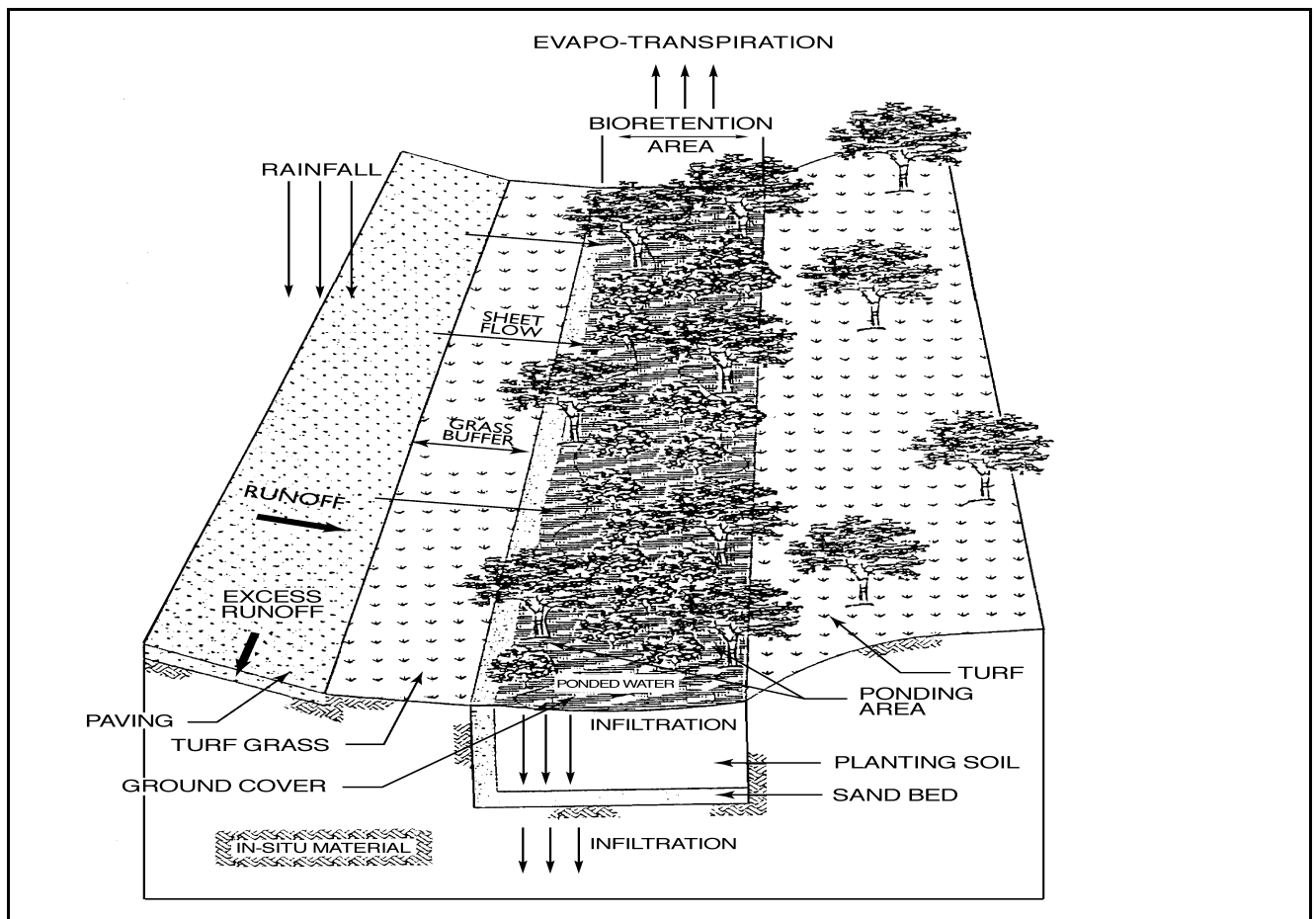


Storm Water Technology Fact Sheet Bioretention

DESCRIPTION

Bioretention is a best management practice (BMP) developed in the early 1990's by the Prince George's County, MD, Department of Environmental Resources (PGDER). Bioretention utilizes soils and both woody and herbaceous plants to remove pollutants from storm water runoff. As shown in Figure 1, runoff is conveyed as sheet flow to the treatment area, which consists of a grass buffer

strip, sand bed, ponding area, organic layer or mulch layer, planting soil, and plants. Runoff passes first over or through a sand bed, which slows the runoff's velocity, distributes it evenly along the length of the ponding area, which consists of a surface organic layer and/or ground cover and the underlying planting soil. The ponding area is graded, its center depressed. Water is ponded to a depth of 15 centimeters (6 inches) and gradually infiltrates the bioretention area or is



Source: PGDER, 1993.

FIGURE 1 BIORETENTION AREA

evapotranspired. The bioretention area is graded to divert excess runoff away from itself. Stored water in the bioretention area planting soil exfiltrates over a period of days into the underlying soils.

The basic bioretention design shown in Figure 1 can be modified to accommodate more specific needs. The City of Alexandria, VA, has modified the bioretention BMP design to include an underdrain within the sand bed to collect the infiltrated water and discharge it to a downstream sewer system. This modification was required because impervious subsoils and marine clays prevented complete infiltration in the soil system. This modified design makes the bioretention area act more as a filter that discharges treated water than as an infiltration device. Design modifications are also being reviewed that will potentially include both aerobic and anaerobic zones in the treatment area. The anaerobic zone will promote denitrification.

APPLICABILITY

Bioretention typically treats storm water that has run over impervious surfaces at commercial, residential, and industrial areas. For example, bioretention is an ideal storm water management BMP for median strips, parking lot islands, and swales. These areas can be designed or modified so that runoff is either diverted directly into the bioretention area or conveyed into the bioretention area by a curb and gutter collection system. Bioretention is usually best used upland from inlets that receive sheet flow from graded areas and at areas that will be excavated. The site must be graded in a manner that minimizes erosive conditions as sheet flow is conveyed to the treatment area, maximizing treatment effectiveness. Construction of bioretention areas is best suited to sites where grading or excavation will occur in any case so that the bioretention area can be readily incorporated into the site plan without further environmental damage. Bioretention should be used in stabilized drainage areas to minimize sediment loading in the treatment area. As with all BMPs, a maintenance plan must be developed.

Bioretention has been used as a storm water BMP since 1992. In addition to Prince George's County

and Alexandria, bioretention has been used successfully at urban and suburban areas in Montgomery County, MD; Baltimore County, MD; Chesterfield County, VA; Prince William County, VA; Smith Mountain Lake State Park, VA; and Cary, NC.

ADVANTAGES AND DISADVANTAGES

Bioretention is not an appropriate BMP at locations where the water table is within 1.8 meters (6 feet) of the ground surface and where the surrounding soil stratum is unstable. In cold climates the soil may freeze, preventing runoff from infiltrating into the planting soil. The BMP is also not recommended for areas with slopes greater than 20 percent, or where mature tree removal would be required. Clogging may be a problem, particularly if the BMP receives runoff with high sediment loads.

Bioretention provides storm water treatment that enhances the quality of downstream water bodies. Runoff is temporarily stored in the BMP and released over a period of four days to the receiving water. The BMP is also able to provide shade and wind breaks, absorb noise, and improve an area's landscape.

DESIGN CRITERIA

Design details have been specified by the Prince George's County DER in a document entitled *Design Manual for the Use of Bioretention in Storm Water Management* (PGDER, 1993). The specifications were developed after extensive research on soil adsorption capacities and rates, water balance, plant pollutant removal potential, plant adsorption capacities and rates, and maintenance requirements. A case study was performed using the specifications at three commercial sites and one residential site in Prince George's County, Maryland.

Each of the components of the bioretention area is designed to perform a specific function. The grass buffer strip reduces incoming runoff velocity and filters particulates from the runoff. The sand bed also reduces the velocity, filters particulates, and spreads flow over the length of the bioretention

area. Aeration and drainage of the planting soil are provided by the 0.5 meter (18 inch) deep sand bed. The ponding area provides a temporary storage location for runoff prior to its evaporation or infiltration. Some particulates not filtered out by the grass filter strip or the sand bed settle within the ponding area.

The organic or mulch layer also filters pollutants and provides an environment conducive to the growth of microorganisms, which degrade petroleum-based products and other organic material. This layer acts in a similar way to the leaf litter in a forest and prevents the erosion and drying of underlying soils. Planted ground cover reduces the potential for erosion as well, slightly more effectively than mulch. The maximum sheet flow velocity prior to erosive conditions is 0.3 meters per second (1 foot per second) for planted ground cover and 0.9 meters per second (3 feet per second) for mulch.

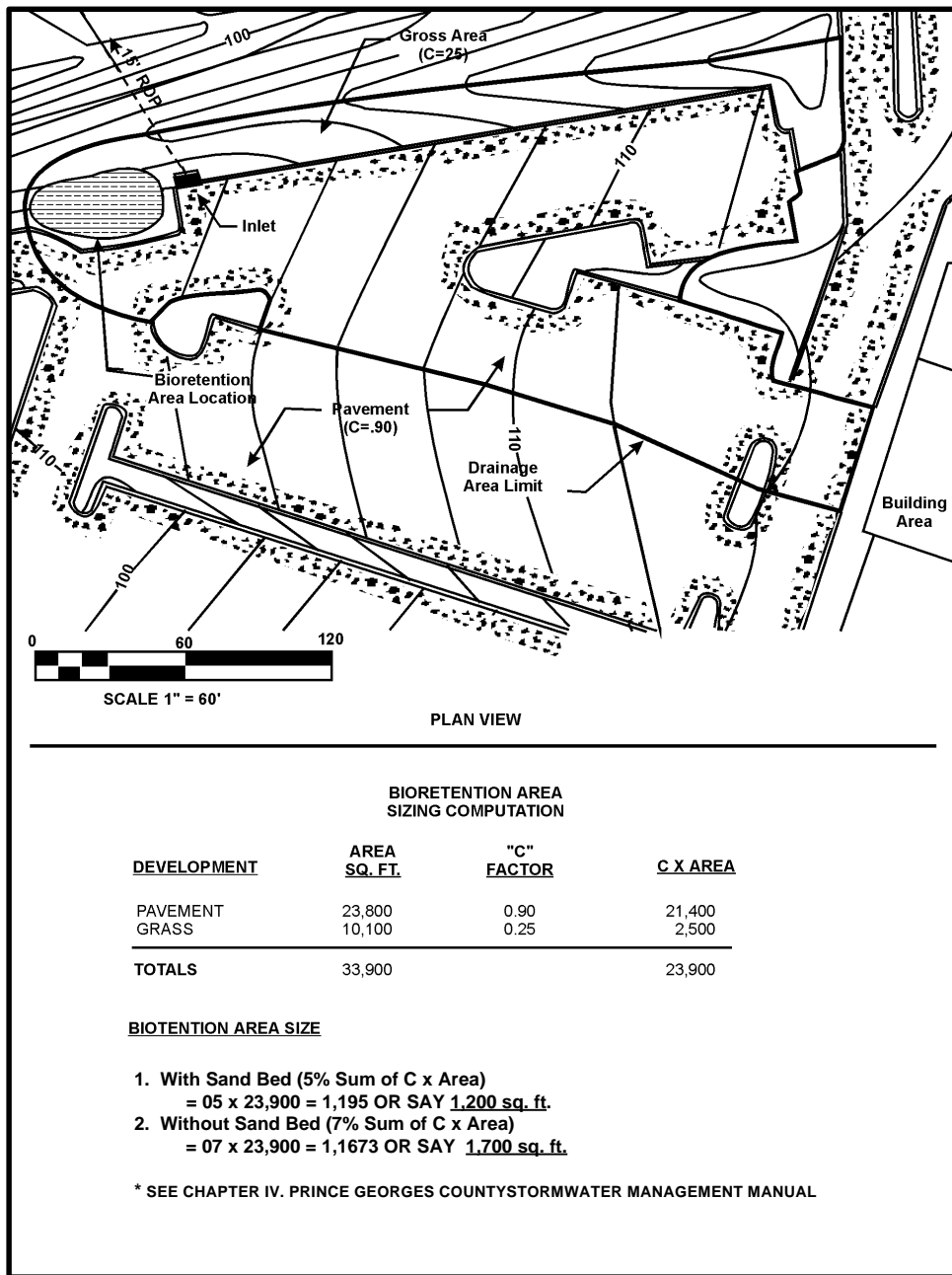
The clay in the planting soil provides adsorption sites for hydrocarbons, heavy metals, nutrients and other pollutants. Storm water storage is also provided by the voids in the planting soil. The stored water and nutrients in the water and soil are then available to the plants for uptake.

The layout of the bioretention area is determined after site constraints such as location of utilities, underlying soils, existing vegetation, and drainage are considered. Sites with loamy sand soils are especially appropriate for bioretention because the excavated soil can be backfilled and used as the planting soil, thus eliminating the cost of importing planting soil. An unstable surrounding soil stratum (e.g., Marlboro Clay) and soils with a clay content greater than 25 percent may preclude the use of bioretention, as would a site with slopes greater than 20 percent or a site with mature trees that would be removed during construction of the BMP. Bioretention can be designed to be off-line or on-line of the existing drainage system. The "first flush" of runoff is diverted to the off-line system. The first flush of runoff is the initial runoff volume that typically contains higher pollutant concentrations than those in the extended runoff period. On-line systems capture the first flush but that volume of water will likely be washed out by

subsequent runoff resulting in a release of the captured pollutants. The size of the drainage area for one bioretention area should be between 0.1 and 0.4 hectares (0.25 and 1.0 acres). Multiple bioretention areas may be required for larger drainage areas. The maximum drainage area for one bioretention area is determined by the amount of sheet flow generated by a 10-year storm. Flows greater than 141 liters per second (5 cubic feet per second) may potentially erode stabilized areas. In Maryland, such a flow generally occurs with a 10-year storm at one-acre commercial or residential sites. The designer should determine the potential for erosive conditions at the site.

The size of the bioretention area is a function of the drainage area and the runoff generated from the area. The size should be 5 to 7 percent of the drainage area multiplied by the rational method runoff coefficient, "c," determined for the site. The 5 percent specification applies to a bioretention area that includes a sand bed; 7 percent to an area without one. An example of sizing a facility is shown in Figure 2. For this discussion, sizing specifications are based on 1.3 to 1.8 centimeters (0.5 to 0.7 inches) of precipitation over a 6-hour period (the mean storm event for the Baltimore-Washington area), infiltrating into the bioretention area. Other areas with different mean storm events will need to account for the difference in the design of the BMP. Recommended minimum dimensions of the bioretention area are 4.6 meters (15 feet) wide by 12.2 meters (40 feet) in length. The minimum width allows enough space for a dense, randomly-distributed area of trees and shrubs to become established that replicates a natural forest and creates a microclimate. This enables the bioretention area to tolerate the effects of heat stress, acid rain, runoff pollutants, and insect and disease infestations which landscaped areas in urban settings typically are unable to tolerate. The preferred width is 7.6 meters (25 feet), with a length of twice the width. Any facilities wider than 6.1 meters (20 feet) should be twice as long as they are wide. This length requirement promotes the distribution of flow and decreases the chances of concentrated flow.

The maximum recommended ponding depth of the bioretention area is 15 centimeters (6 inches). This



Source: PGDER, 1993.

FIGURE 2 BIORETENTION AREA SIZING

depth provides for adequate storage and prevents water from standing for excessive periods of time. Because of some plants' water intolerance, water left to stand for longer than four days restricts the type of plants that can be used. Further, mosquitoes and other insects may start to breed if water is standing for longer than four days.

The appropriate planting soil should be backfilled into the excavated bioretention area. Planting soils

should be sandy loam, loamy sand, or loam texture with a clay content ranging from 10 to 25 percent. The soil should have infiltration rates greater than 1.25 centimeters (0.5 inches) per hour, which is typical of sandy loams, loamy sands, or loams. Silt loams and clay loams generally have rates of less than 0.68 centimeters (0.27 inches) per hour. The pH of the soil should be between 5.5 and 6.5. Within this pH range, pollutants (e.g., organic nitrogen and phosphorus) can be adsorbed by the

soil and microbial activity can flourish. Other requirements for the planting soil are a 1.5 to 3 percent organic content and a maximum 500 ppm concentration of soluble salts. In addition, criteria for magnesium, phosphorus, and potassium are 39.2 kilograms per acre (35 pounds per acre), 112 kilograms per acre (100 pounds per acre), and 95.2 kilograms per acre (85 pounds per acre), respectively. Soil tests should be performed for every 382 cubic meters (500 cubic yards) of planting soil, with the exception of pH and organic content tests, which are required only once per bioretention area.

Planting soil should be 10.1 centimeters (4 inches) deeper than the bottom of the largest root ball and 1.2 meters (4 feet) altogether. This depth will provide adequate soil for the plants' root systems to become established and prevent plant damage due to severe wind. A soil depth of 1.2 meters (4 feet) also provides adequate moisture capacity. To obtain the recommended depth, most sites will require excavation. Planting soil depths of greater than 1.2 meters (4 feet) may require additional construction practices (e.g., shoring measures). Planting soil should be placed in 18 inches or greater lifts and lightly compacted until the desired depth is reached. The bioretention area should be vegetated to resemble a terrestrial forest community ecosystem, which is dominated by understory trees (high canopy trees may be destroyed during maintenance) and has discrete soil zones as well as a mature canopy and a distinct sub-canopy of understory trees, a shrub layer, and herbaceous ground covers. Three species each of both trees and shrubs are recommended to be planted at a rate of 2500 trees and shrubs per hectare (1000 per acre). For example, a 4.6 meter (15 foot) by 12.2 meter (40 foot) bioretention area (55.75 square meters or 600 square feet) would require 14 trees and shrubs. The shrub-to-tree ratio should be 2:1 to 3:1. On average, the trees should be spaced 3.65 meters (12 feet) apart and the shrubs should be spaced 2.4 meters (8 feet) apart. In the metropolitan Washington, D.C., area, trees and shrubs should be planted from mid-March through the end of June or from mid-September through mid-November. Planting periods in other areas of the U.S. will vary. Vegetation should be watered at the end of each day for fourteen days following its planting.

Native species that are tolerant to pollutant loads and varying wet and dry conditions should be used in the bioretention area. These species can be determined from several published sources, including *Native Trees, Shrubs, and Vines for Urban and Rural America* (Hightshoe, 1988). The designer should assess aesthetics, site layout, and maintenance requirements when selecting plant species. Adjacent non-native invasive species should be identified and the designer should take measures (e.g., provide a soil breach) to eliminate the threat of these species invading the bioretention area. Regional landscaping manuals should be consulted to ensure that the planting of the bioretention area meets the landscaping requirements established by the local authorities.

The optimal placement of vegetation within the bioretention area should be evaluated by the designers. Plants should be placed at irregular intervals to replicate a natural forest. Shade and shelter from the wind will be provided to the bioretention area if the designer places the trees on the perimeter of the area. Trees and shrubs can be sheltered from damaging flows if they are placed away from the path of the incoming runoff. Species that are more tolerant to cold winds (e.g., evergreens) should be placed in windier areas of the site.

After the trees and shrubs are placed, the ground cover and/or mulch should be established. Ground cover such as grasses or legumes can be planted during the spring of the year. Mulch should be placed immediately after trees and shrubs are planted. Five to 7.6 cm (2 to 3 inches) of commercially-available fine shredded hardwood mulch or shredded hardwood chips should be applied to the bioretention area to protect from erosion. Mulch depths should be kept below 7.6 centimeters (3 inches) because more would interfere with the cycling of carbon dioxide and oxygen between the soil and the atmosphere. The mulch should be aged for at least six months (one year is optimal), and applied uniformly over the site.

PERFORMANCE

Bioretention removes storm water pollutants through physical and biological processes,

including adsorption, filtration, plant uptake, microbial activity, decomposition, sedimentation and volatilization. Adsorption is the process whereby particulate pollutants attach to soil (e.g., clay) or vegetation surfaces. Adequate contact time between the surface and pollutant must be provided for in the design of the system for this removal process to occur. Therefore, the infiltration rate of the soils must not exceed those specified in the design criteria or pollutant removal may decrease. Pollutants removed by adsorption include metals, phosphorus, and some hydrocarbons. Filtration occurs as runoff passes through the bioretention area media, such as the sand bed, ground cover and planting soil. The media trap particulate matter and allow water to pass through. The filtering effectiveness of the bioretention area may decrease over time. Common particulates removed from storm water include particulate organic matter, phosphorus, and suspended solids. Biological processes that occur in wetlands result in pollutant uptake by plants and microorganisms in the soil. Plant growth is sustained by the uptake of nutrients from the soils, with woody plants locking up these nutrients through the seasons. Microbial activity within the soil also contributes to the removal of nitrogen and organic matter. Nitrogen is removed by nitrifying and denitrifying bacteria, while aerobic bacteria are responsible for the decomposition of the organic matter (e.g., petroleum). Microbial processes require oxygen and can result in depleted oxygen levels if the bioretention area is not adequately aerated.

Sedimentation occurs in the swale or ponding area as the velocity slows and solids fall out of suspension.

Volatilization also plays a role in pollutant removal. Pollutants such as oils and hydrocarbons can be removed from the wetland via evaporation or by aerosol formation under windy conditions. The removal effectiveness of bioretention has been studied during field and laboratory studies conducted by the University of Maryland (Davis et al, 1998). During these experiments, synthetic storm water runoff was pumped through several laboratory and field bioretention areas to simulate typical storm events in Prince George's County, MD. Removal rates for heavy metals and nutrients

are shown in Table 1. As shown, the BMP removed between 93 and 98 percent of metals, between 68 and 80 percent of TKN and between 70 and 83 percent of total phosphorus. For all of the pollutants analyzed, results of the laboratory study were similar to those of field experiments. Doubling or halving the influent pollutant levels had little effect on the effluent pollutants levels (Davis et al, 1998). For other parameters, results from the performance studies for infiltration BMPs, which are similar to bioretention, can be used to estimate bioretention's performance. These removal rates are also shown in Table 1. As shown, the BMP could potentially achieve greater than 90 percent removal rates for total suspended solids, organics, and bacteria. The microbial activity and plant uptake occurring in the bioretention area will likely result in higher removal rates than those determined for infiltration BMPs.

TABLE 1 LABORATORY AND ESTIMATED BIORETENTION

Pollutant	Removal Rate
Total Phosphorus	70%-83% ¹
Metals (Cu, Zn, Pb)	93%-98% ¹
TKN	68%-80% ¹
Total Suspended Solids	90% ²
Organics	90% ²
Bacteria	90% ²

Source: ¹Davis et al. (1998)
²PGDER (1993)

OPERATION AND MAINTENANCE

Recommended maintenance for a bioretention area includes inspection and repair or replacement of the treatment area components. Trees and shrubs should be inspected twice per year to evaluate their health and remove any dead or severely diseased vegetation. Diseased vegetation should be treated as necessary using preventative and low-toxic measures to the extent possible. Pruning and weeding may also be necessary to maintain the treatment area's appearance. Mulch replacement is recommended when erosion is evident or when the site begins to look unattractive. Spot mulching may

be adequate when there are random void areas; however, once every two to three years the entire area may require mulch replacement. This should be done during the spring. The old mulch should be removed before the new mulch is distributed. Old mulch should be disposed of properly.

The application of an alkaline product, such as limestone, is recommended one to two times per year to counteract soil acidity resulting from slightly acidic precipitation and runoff. Before the limestone is applied, the soils and organic layer should be tested to determine the pH and therefore the quantity of limestone required. When levels of pollutants reach toxic levels which impair plant growth and the effectiveness of the BMP, soil replacement may be required (PGDER, 1993).

COSTS

Construction cost estimates for a bioretention area are slightly greater than those for the required landscaping for a new development. Recently-constructed 37.16 square meter (400 square foot) bioretention areas in Prince George's County, MD cost approximately \$500. These units are rather small and their cost is low. The cost estimate includes the cost for excavating 0.6 to 1 meters (2 to 3 feet) and vegetating the site with 1 to 2 trees and 3 to 5 shrubs. The estimate does not include the cost for the planting soil, which increases the cost for a bioretention area. Retrofitting a site typically costs more, averaging \$6,500 per bioretention area. The higher costs are attributed to the demolition of existing concrete, asphalt, and existing structures and the replacement of fill material with planting soil. The costs of retrofitting a commercial site in Maryland (Kettering Development) with 15 bioretention areas were estimated at \$111,600.

The use of bioretention can decrease the cost for storm water conveyance systems at a site. A medical office building in Maryland was able to reduce the required amount of storm drain pipe from 243.8 meters (800 feet) to 70.1 meters (230 feet) with the use of bioretention. The drainage pipe costs were reduced by \$24,000, or 50 percent of the total drainage cost for the site (PGDER, 1993). Landscaping costs that would be required at

a development regardless of the installation of the bioretention area should also be considered when determining the net cost of the BMP.

The operation and maintenance costs for a bioretention facility will be comparable to those of typical landscaping required for a site. Costs beyond the normal landscaping fees will include the cost for testing the soils and may include costs for a sand bed and planting soil.

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