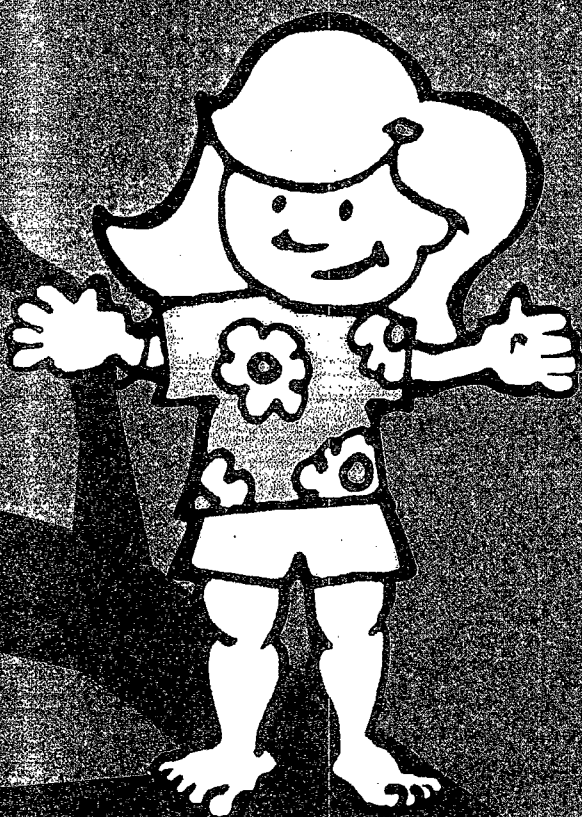




Tips to Protect Children from Environmental Threats

Help children breathe easier

- ☀ Don't smoke and don't let others smoke in your home or car
- ☀ Keep your home as clean as possible. Dust, mold, certain household pests, secondhand smoke, and pet dander can

6ft



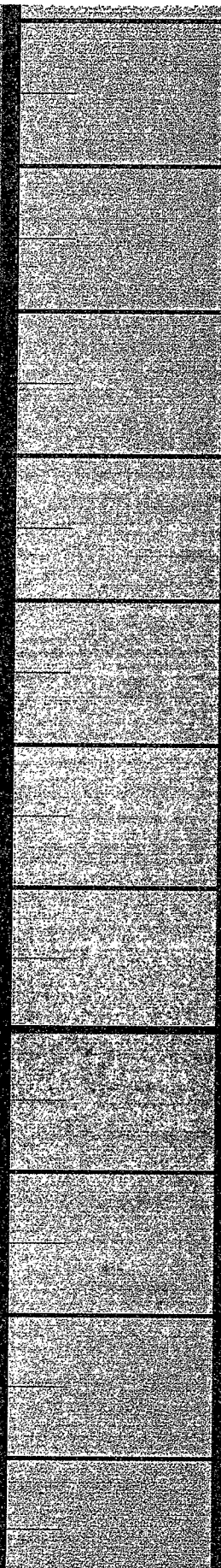
trigger asthma attacks and allergies.

- ✱ Limit outdoor activity when air pollution is bad such as on ozone alert days

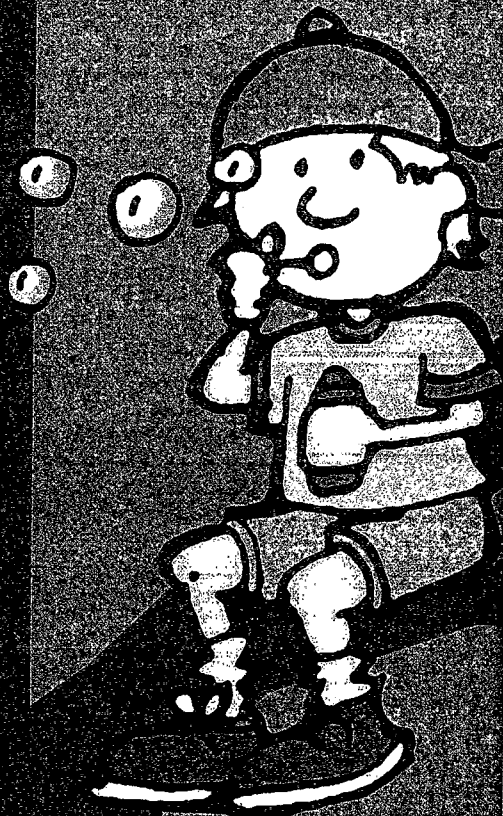


Protect children from lead poisoning

- ✱ Wash children's hands before they eat and wash bottles, pacifiers, and toys often
- ✱ Wash floors and window sills to protect kids from dust and peeling paint contaminated with lead—especially in older homes
- ✱ Run the cold water for 20 seconds to



5ft

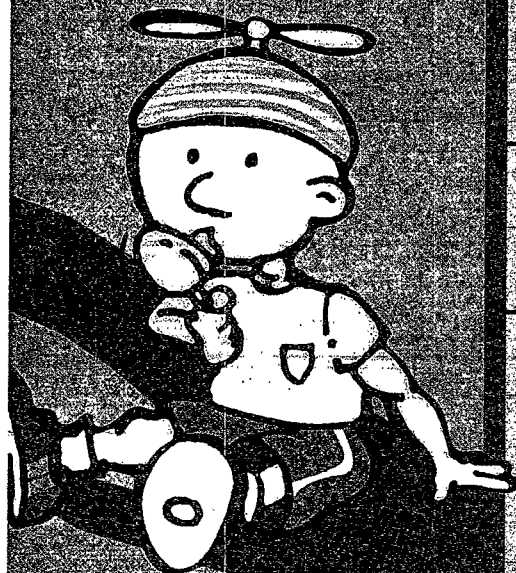


Keep pesticides and

Don't lead from pipes

Get kids tested for lead—check with your doctor

Test your home for lead paint hazards if it was built before 1978



**Protect
children from
carbon
monoxide (CO)
poisoning**

Other toxic chemicals away from children

- Put food and trash away in closed containers to keep pests from coming into your home
- Don't use pesticides if you don't have to—look for alternatives
- Read product labels and follow directions
- Use bait & traps instead of bug sprays when you can and place the bait & traps where kids can't get them
- Store pesticides and toxic chemicals where kids can't reach them and never put in other containers that kids can mistake for food or drink
- Keep children, toys & pets away when using pesticides and don't let them play in fields, orchards and gardens after

4ft

Have fuel-burning appliances, furnace flues and chimneys checked once a year

Never use gas ovens or burners for heat and never use barbeques/grills indoors or in the garage

Never sleep in rooms with unvented gas or kerosene space heaters

Don't run cars or lawnmowers in the garage

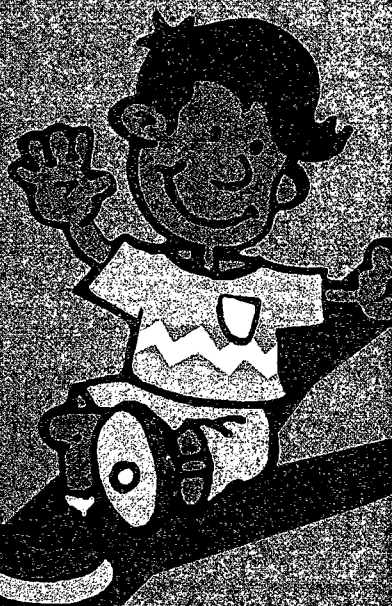
Install a UL approved CO alarm in sleeping areas

Protect children from contaminated fish and polluted water

Call the local or state

pesticides have been used

Wash fruits and vegetables under running water before eating—peel them when possible



3ft

Protect children from

health department
to learn about any
local advisories for
limiting the amount
of fish to be eaten or
beach closings

Take used motor oil
to a recycling center
and properly dispose
of toxic household
chemicals

Find out what's in
your local drinking
water—call your
local water system
for your annual
drinking water quality
report or, if you have
a private home
drinking water well,
test it every year

100-much sun

Have them wear hats,
sunglasses, and
protective clothing

Use sunscreen on
kids over 6 months
and keep infants
out of the sun

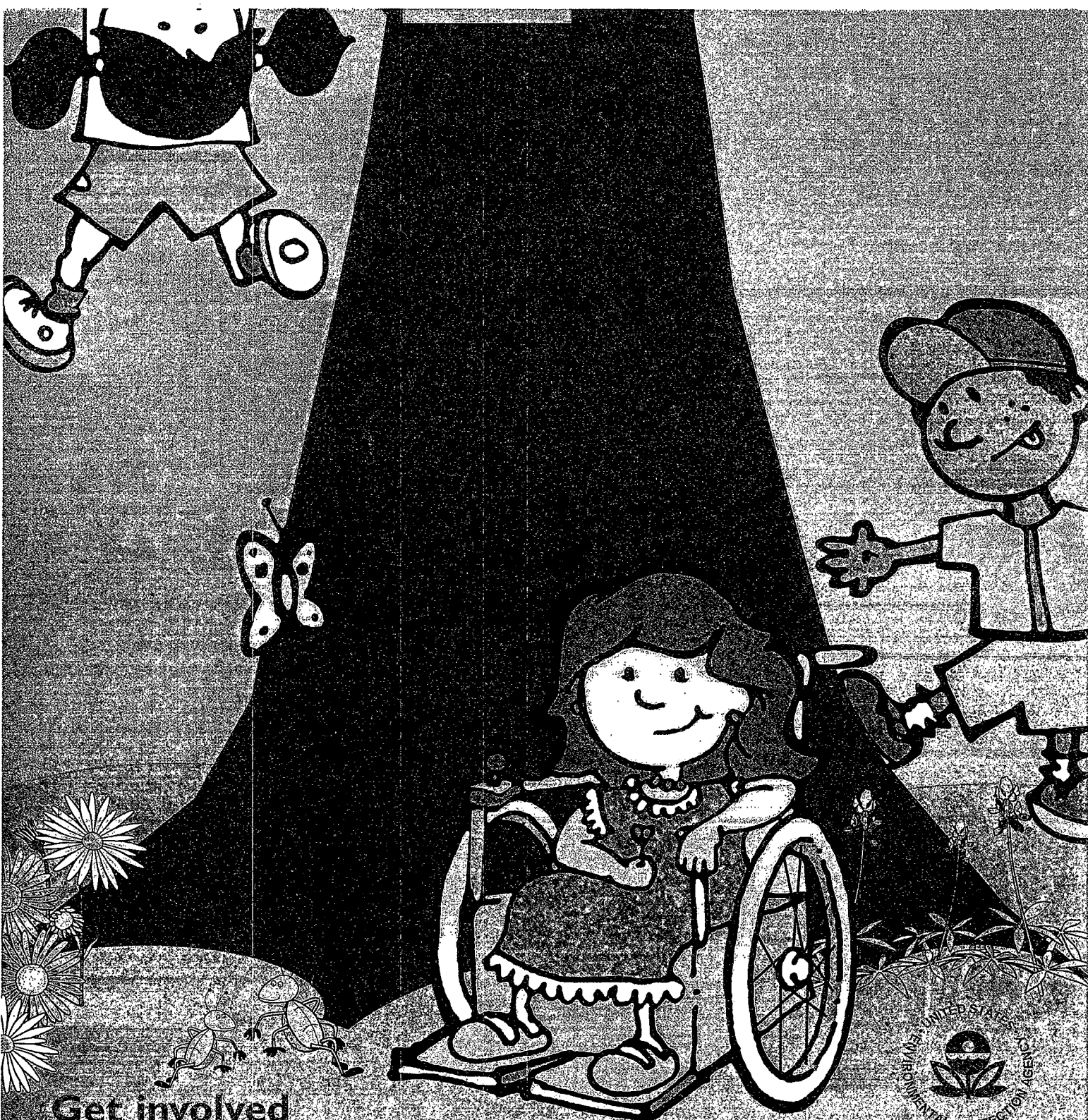
Keep them out of the
mid-day sun—the
sun is most intense
between 10 and 4

Safeguard them from high levels of radon

Test your home for
radon with a home
test kit

Fix your home if your
radon level is 4 pCi/L
or higher. If you need
help, call your state
radon office or
1-800-644-6999

2ft



Get involved

Call toll free **1-877-590-KIDS** for more information or
check out EPA's web site at **www.epa.gov/children**

EPA Office of Children's Health Protection

EPA/100/F-00/001

