

What **COLOR** is Your Air Today?



 **United States
Environmental Protection Agency**

EPA-456/F-16-009 February 2016

GOOD

It's a great day to be
active outside.

MODERATE

It's a good day to be
active outside.

UNHEALTHY FOR SENSITIVE GROUPS

Sensitive groups include people
with asthma and all children.
If you are outside for hours,
take breaks and be less active
(less running and jumping).

UNHEALTHY

Take breaks and be less active if
you are outside (walk instead of run).

VERY UNHEALTHY

It's a good day to
be active indoors.

Learn more about the Air Quality Flag Program!

airnow.gov/flag